

KID'S STOP Cafe



eat. learn. live.

Norwalk Elementary: OCTOBER LUNCH MENU

A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include 1% white and skim chocolate

Student Lunch: \$2.65; Reduced Price: \$0.40

A la Carte Items Available Daily:

Daily fruit and vegetables are unlimited with the purchase of a meal.

Assorted Milk: \$0.50

Weekly Alternate Meals	Monday	Tuesday	Wednesday	Thursday	Friday
(b) Bagel with yogurt and string cheese (c) Ham & Cheese sandwich (d) Garden salad	NO SCHOOL ROSH HASHANAH	1 Macaroni and Cheese Seasoned Broccoli Whole Grain Dinner Roll Assorted Fresh Fruit	2 Beef Nachos Seasoned Corn Assorted Fresh Fruit	3 Fajita Style Chicken Cilantro Lime Brown Rice Mixed Vegetable medley Assorted Fresh Fruit	30 Classic Cheese Pizza Tossed side salad Classic Pepperoni Pizza Assorted Fresh Fruit
(b.) Turkey and Cheese sandwich (c.) Garden salad (d.) Bagel Yogurt with String cheese	7 Toasty cheese Sandwich Baby Carrots	8 Crispy Chicken Sandwich Tator Tots Vegetarian Bean Assorted Fresh Fruit	9 No School Yom Kippur	10 BBQ Rib -B-Q Sandwich Mixed Vegetable Medley Dinner Roll Assorted Fresh Fruit	11 Chicken and Noodles Fresh Corn on Cob Roasted Green Beans Dinner Rolls Assorted Fresh Fruit
(b) Bagel with yogurt and string cheese (c) Garden salad (d) Turkey Ham & Cheese with lettuce wrap	14 Cheesy Baked Pasta Seasoned Broccoli Florets Dinner Roll	15 Crispy Chicken Breast Fresh Corn on the Cob Dinner roll Assorted Fresh Fruit	16 Whole Grain French Toast sticks Turkey Sausage Patty Tator Tots Assorted Fresh Fruit	17 Turkey Hot Dog Baked Crinkle Fries Vegetarian Baked Beans Assorted Fresh Fruit LUCKY TRAY Day	18 Classic Cheese Pizza Tossed Salad Classic Pepperoni Pizza Assorted Fresh Fruit
(b) Bagel with yogurt and string cheese (c) Garden salad (d.) Turkey & Cheese sandwich	21 Cheese Quesadilla Seasoned Corn Assorted Fresh Fruit	22 Italian Chicken Parm Sandwich Mixed Vegetable medley Assorted Fresh Fruit	23 Turkey Dog Savory Green Beans Assorted Fresh Fruit	24 Classic Hamburger Seasoned Broccoli Florets Vegetarian Baked Beans Assorted Fresh Fruit	25 Classic Cheese Pizza Tossed side salad Classic Pepperoni Pizza Assorted Fresh Fruit
(b) Bagel with yogurt and string cheese (c.) Garden Salad (d.) Ham & Cheese Sandwich	28 Macaroni and Cheese Mixed Vegetable Medley Dinner Roll Assorted Fresh Fruit	29 Chicken Nuggets Mixed Vegetable Medley Vegetarian Baked Beans Assorted Fresh Fruit	30 Beef Nachos Roasted Toamato Salsa Seasoned Corn Assorted Fresh Fruit	31 Chicken and Vegetable Stir Fry Brown Rice Seasoned Mixed Vegetable Assorted Fresh Fruit	
Extra Extra! - Choose with Any Meal					
Go here to add funds to your childs account	Citrus Chick Pea Salad Fresh Whole Fruit	Fresh Carrot Sticks Fresh Whole Fruit	Fresh Broccoli Florets Fresh Whole Fruit	Fresh Celery Sticks Assorted Fresh Fruit	Cucumber Coins Assorted Fresh Fruit

Please call Jonathan Gold with questions at 203 899 2990

You can view allergen details here at nutrilslice.com

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