

Welcome to our Lunch Cafe @

Norwalk Side by Side Elementary

August
2017

Monday

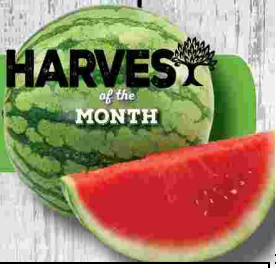
Tuesday

Wednesday

Thursday

Friday

1	2	3	4
7	8	9	10
14	15	16	17
21	22	23	24
28	29	30	31



<p>Weekly Alternate Meal: Whole Wheat Bagel & Organic Yogurt</p>	<p>Chicken Nuggets <i>crispy breaded chicken nuggets perfect for dipping in your favorite sauce</i></p> <p>Oven Baked Fries Carrots Fresh Apple Pineapple Tidbits</p>	<p>Burger <i>burger on a freshly toasted bun</i></p> <p>Cheeseburger <i>burger topped with cheese on a freshly toasted bun</i></p> <p>Tator Tots Baked Beans Banana Diced Pears</p>
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We proudly support clean, organic, local and sustainable agriculture.



SIMPLY ROOTED™ *in food and family*

We are Simply Rooted™ in food and family so our menu options are healthy, nutritious, flavorful, and made from wholesome ingredients. We are working towards phasing out processed foods and instead, offering more all natural, organic and non-GMO options whenever possible. Check us out at www.Whitsons.com.



Lunch Prices:
Elementary Lunch \$2.65
Middle School Lunch \$3.25
Reduced Lunch \$4.00 Milk \$.50

Lunch Includes:
Skim Milk, Low Fat Milk, Fat Free Chocolate Milk or Lactose Free Milk, Fresh Seasonal Fruit and Fresh Vegetable Selection
If you have any questions or would like additional information, please contact the food service office at 203-899-2990.

Daily Alternate Lunch Available:

Tossed Garden Salad: Romaine Lettuce, Grape Tomatoes, Cucumber, Carrot, Low Fat Cheese and a Whole Wheat Dinner Roll. Served with Low Fat Dressing.

Cheese Sandwich: Whole Wheat Bun, Low Fat American Cheese, and Baby Carrots. Served with Low Fat Dressing.

Weekly Alternate Meal Available On Menu.

GRADES 6TH-8TH DELI OPTION: Turkey, Ham, Turkey Salami, Turkey Bologna, Tuna Salad, American, Provolone, Or Swiss Cheese, Lettuce, Tomato, VVV Kaiser Roll, VVV Tortilla Wrap, Assorted Condiments.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. USDA is an equal opportunity provider, employer, and lender.